

MENU

Week 1:

6th Sept – 10th Sept



MEAL DEAL SAVERS!

Meal Deal

Buy a
Main Meal
with a
Dessert
for only
£2.27

(Save 23p)

THEME DAYS

8TH SEPT
AMERICAN DAY

6TH OCT
GERMAN DAY

5TH NOV
BONFIRE NIGHT

1ST - 16TH DEC
12 DAYS OF CHRISTMAS

MONDAY

Greek garlicky,
lemon Chicken with
brown rice and
broccoli

Sizzling Sausages

Pork Sausages (G,Su)
Chicken Sausages (G,Su)
Veggie Sausages (G,Su)
Hot dog buns (G,Se)
Slow cooked onions
BBQ Beans (Ce,G,So,Su)
Creamy Mash (Mk)
Cajun seasoned potato
wedges (Mu)

Apple and mixed
berry crumble with
ice cream (G,Mk)

Pepperoni signature
pizza with coleslaw
(G,Mk,E)

Baked beans and
cheddar loaded
Jacket (G,Mk,So,Su)

TUESDAY

Oriental sizzling stir fry
Kung Po Chicken with
shredded greens (G,So)

Masala Days

Chicken Tikka Masala (G)
Homemade Giant
Vegetable Samosas
(G,Mu)
Pilau rice (Mk)
Naan bread (G,Mk)
Mango Chutney
Onion Salad
Mint and Yoghurt sauce
(Mk)

Lemon and poppy seed
sponge with custard
(G,E,Mk)

Tuna and red onion
panini with
seasoned wedges
(G,Mk,F,E)

Penne bolognese pasta
with cheesy garlic
bread (G,Mk,Su,E)

WEDNESDAY

Wholemeal Pasta
Bake with beef
bolognese and chef's
salad (G,Mk)

Best of British

Roast Turkey (G)
Roast lentil loaf
(Ce,G,Mu,So)
Accent sage & cranberry
Stuffing (G,E,Mk)
Cranberry Sauce
Roast Potatoes
Roasted Carrots Batons
Bloomer Sandwich or
crusty baguette (G,Mk)

Sticky
toffee pudding
(G,E,Mk,Su)

Mexican chicken and
salsa loaded Jacket
(G,So)

Sticky rice with Thai
green curry (G,Mk,Su)

THURSDAY

Turkey Gyros with
yoghurt and mint,
pitta bread & crunchy
Mediterranean salad
(G,Mk)

All about Chilli

Chilli con carne
sour cream (Mu,Mk)
Sloppy Joe Veggie dog
(G,Su,Mk,So,Mu)
Chipotle potato wedges
Red bean and chilli jam
salad

Chocolate brownie
sponge pudding with
chocolate sauce
(G,E,Mk)

Belgian frites loaded
with chicken curry

Ham and cheese
panini with seasoned
wedges (G,Mk,Mu)

FRIDAY

Salmon Fishcake
(G,E,Mu,So,F)

Chef's salad and baked
wedges

Fish & Chip Shop

Battered Fish Fillet (G,F)
Cheese and Onion Pattie
(G,So,E,Mk)
Oven baked Chips
Mushy Peas
Baked Bean
buttered rolls,
Chunky Tartare sauce
Ketchup (Su,So,Mk,E)

Banana
Tea bread (G,E,Mk)

Hawaiian ham and
pineapple signature
pizza with chips
(G,Mk)

Penne carbonara
pasta with cheesy
garlic bread
(G,Mk,Mu)

£1.80

£1.80

£0.70

£1.80

£1.80

**Eat
smart**

**Theme
bar**

**Hot
puds**

**Fully
loaded**

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

**well
seasoned.**
perfectly picked ingredients, cooked from scratch

Look out for exciting
new recipes to try
from our ingredient
of the month!

MENU *Week 2:* 13th Sept – 17th Sept

£1.80

Eat
smart

MONDAY

Smoky BBQ Turkey
, savoury rice and
corn (Su, So, G, Ce)

TUESDAY

Baked Tandoori
Chicken, scented rice
and naan (G, Se, Mu,
Mk ,E)

WEDNESDAY

Turkey meatballs
with pasta and
spicy tomato sauce
(G)

THURSDAY

Cajun grilled
Halloumi burger
coleslaw and baked
Cajun wedges
(Se,Mu,Mk,E,G)

FRIDAY

Baked Fish Finger
wrap, filled with
oven baked chips
and pea shoot salad
(G,F,E)

£1.80

Theme
bar

American Diner

Buffalo Chicken (Mk,G)
Crispy Corned Beef
Hash (Su,So,Mu,Ce)
Boston Beans
(Su,So,G,Ce)and
cornbread (G,Mk,E)
Cajun Fries (Mu)
BBQ Baked Beans
(Su,So,G,Ce)
Coleslaw €

Asian Station

Thai Green Chicken Curry
(G,Mk,So)
Vegetable Stir fry Noodles
with sweet and sour
sauce (Su,So,G)
Steamed rice
Prawn crackers (G,Cr)
Asian crunchy Salad

Best of British

Roast Chicken & gravy
Roast lentil loaf
(G,So,Mu,Ce)
Accent sage and
cranberry Stuffing
(G,Mk,E)
Roast Potatoes
Roasted Carrots Baton
Cabbage wedges
Bloomer Sandwich or
crusty Baguette
(G,Mk,So)

Beautiful Burgers

Classic beef burger (G,Se)
Spicy chicken burger
All served in a sesame seed
(Se,G) or brioche bun
(So,Se,Mk,E,G) or pitta
(Mu,G)
Add mayonnaise (E),
shredded iceberg, fried
onions, and ketchup
Oven chips
Sliced cheese (Mk)

Fish & Chip Shop

Battered Fish Fillet (F,G)
Veggie Keema Pattie
(G,So,Mu,E)
Oven baked Chips
Mushy Peas
Baked Beans
Buttered rolls,
Chunky Tartare sauce
Ketchup (Su,Mu,Mk,E)

£0.70

Hot
puds

Key lime pie
(G,Mk)

Pineapple upside
down cake
with custard
(Mk,E,G)

Apple crumble
and custard (Mk,G)

Lemon blondie
(Mk,E,G)

Jam roly poly
and custard (Mk,G)

£1.80

Fully
loaded

BBQ chicken
signature pizza
with coleslaw
(G,Su,Mk,E)

Roasted vegetable
mozzarella panini
with seasoned
wedges (G,Mk,Mu)

Chilli con carne and
sour cream loaded
jacket (Mu,Mk)

Belgian loaded
frites with cheese
sauce and crispy
bacon bits
(Mk,G,So)

Meat feast signature
pizza with chips
(So,Mk,G)

£1.80

Chinese chip shop
chicken curry
loaded jacket
(So, Mu, G)

Tuscan meatballs
loaded penne pasta
with garlic bread
(G, So, Mk)

Sticky rice with
nutless satay
chicken (So,Mu,G)

Pepperoni panini
with seasoned
wedges (G,Mk,Mu)

Baked sausage ragu
penne pasta with
garlic bread
(Su, So, Mk, G)

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